

The **4** golden rules of **COVID-19**



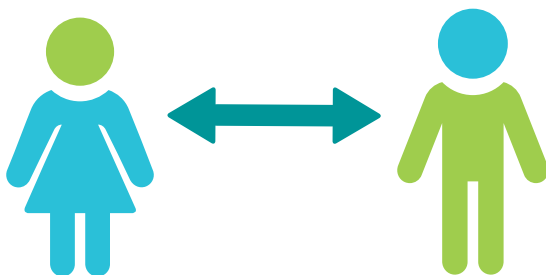
Children's Hospital
New Orleans
LCMC Health



1 **Wash hands**
or sanitize as
often as you can



2 **Mask up** to
protect yourself
and others



3 **Social distance**
when you can



4 **Stay home**
if you are sick